## **Staff restaurant Eldora - Solvias**

Monday, 07. April	Tuesday, 08. April	Wednesday, 09. April	Thursday, 10. April	Friday, 11. April
SOUP	SOUP	SOUP	SOUP	SOUP
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
2.00	2.00	2.00	2.00	2.00
CLASSIC	CLASSIC	CLASSIC	CLASSIC	CLASSIC
Chicken thigh stew with wild garlic Gravy Tagliatelle Fried bell peppers	Barbecue pork burger Barbecue pork neck, tomato bun, coleslaw, Pommery mustard mayonnaise and iceberg lettuce French fries	Pork mince steak with Emmental cheese and bacon Vegetable gravy Parsley potatoes Steamed carrots	Katsu chicken Tonkatsu sauce Jasmine rice with spring onions and sesame	Quiche Lorraine Raw vegetable salad with carrots, cucumber, tomatoes, cabbage, corn, chives and pink pepper and lemon dressing Low-fat quark and pesto dip
approx 726.4 cal. / Chicken: Switzerland	approx 1184.4 cal. / Bread: Switzerland, Pork: Switzerland	approx 802.6 cal. / Pork: Switzerland	approx 791.5 cal. / Chicken: Switzerland	approx 1143.7 cal. / Bacon (pork): Switzerland
INT CHF 9.60 / EXT CHF 12.60	INT CHF 9.60 / EXT CHF 12.60	INT CHF 9.60 / EXT CHF 12.60	INT CHF 9.60 / EXT CHF 12.60	INT CHF 9.60 / EXT CHF 12.60
WORLD	WORLD	WORLD	WORLD	WORLD
Oven-baked potatoes with sour cream and chives Glazed corn	Palak Paneer Indian cheese and spinach stew Lentil dal, naan bread Cucumber raita, coriander and chilli	Wild garlic risotto Fried mixed mushrooms Marinated baby spinach	Gnocchi alla puttanesca Tomato sauce with courgettes, aubergine, olives and capers Marinated rocket Grated cheese Broccoli	Beetroot quiche with puff pastry, feta and walnuts Raw vegetable salad with carrots, cucumber, tomatoes, cabbage, corn, chives and pink pepper and lemon dressing Low-fat quark and pesto dip
approx 375.3 cal.	approx 949.0 cal.	approx 416.8 cal.	approx 657.7 cal.	approx 601.6 cal.
INT CHF 8.60 / EXT CHF 11.60	INT CHF 8.60 / EXT CHF 11.60	INT CHF 8.60 / EXT CHF 11.60	INT CHF 8.60 / EXT CHF 11.60	INT CHF 8.60 / EXT CHF 11.60
CHOICE	CHOICE	CHOICE	CHOICE	CHOICE
Daily changing offer	Daily changing offer	Daily changing offer	Daily changing offer	Daily changing offer
pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20	pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20	pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20	pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20	pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Carrot cake	Coconut mousse	Pineapple with mint	Banana and chocolate cake	Croissant pudding with wild berries
approx 263.2 cal. / Cake: Switzerland	approx 295.7 cal.	approx 84.9 cal.	approx 337.5 cal.	approx 190.5 cal.
2.00	2.00	2.00	2.00	2.00

CLASSIC, WORLD, GREEN: 1 daily soup, 1 daily salad or 1 daily dessert is included in the menu price. Prices in CHF, incl. VAT. INT = rate for internal guests / EXT = rate for external guests

## **Opening hours**

Monday - Friday, 8 am - 2.30 pm. Lunch 11.30 am - 1.30 pm.